

Peeler Whittling

Use your kitchen peeler for a safe and simple method to whittle your own imaginative figures. Fun way to develop fine motor skills and hand eye coordination while being creative and an appreciation of managing risk.

Whittling Ideas:

Stick people - to create your own story with
 Animals - to play or decorate
 Toasting sticks - for our fire cooking
 Skittles - make your own game
 Tent pegs - see our shelter building

1. Firstly a range of sticks need to be found that are thumb thickness and length of the lower arm. Softer green wood is easier to work with, such as Willow. Avoid knots within the stick due to difficulty of using the peeler on them.
2. The participant needs to be seated and stable. Hold the top of the stick, which is pointing downwards and away from the body.
3. The peeling / whittling needs to be overseen by an adult. Peeler is to be issued once participant understands the sharpness of the blade and the need to hold it by the handle.
4. Push the peeler away from the body when being used against the stick to whittle. Carve off small amounts of wood at a time. Keep concentrating and watching what is being whittled.
5. Decorate the finished product with pens or paint.

Notes:

Be careful with sharp peelers, easier to use but can cause accidents.

*Please see our other sheets on **Fire Cooking** for using the toasting sticks and **Shelter Building** for using the tent pegs.*

Referenced from www.ltl.co.uk

Physical Skill

*Develop and acquire technical knowledge and skills.
 Develop physical skills that they can adapt and apply.*

Time:

30 min plus

Space:

Garden / Trees

Equipment:

Potato Peeler, Sticks

