

Reduce, Reuse, Recycle

At Arete:

An increase of carbon dioxide in the atmosphere means the climate will change with 30% of species at risk of extinction, extreme weather and rising sea. Reducing what we buy, reusing anything we have and recycling any, hopefully minimal, waste we create is a simple way of reducing our own carbon footprint.

We have always worked hard at Arete to follow this ethic, but we can always do more! We recycle our everyday waste of cardboard and paper, hard plastic, glass and tins. Soft scrunchable plastics, like crisp packets, we also collect as they can be recycled through our local coop shop.

Pre Course Ideas:

- Think about what 'Reduce, Reuse, Recycle' means to you. Can you produce less waste? Can you give an item a new lease of life through fixing or cleaning? Do you recycle at home or school?
- Help with the weekly recycling at home or school and identify what can be recycled. Look in your bin, is everything in the right place! Can you reduce the general, non recyclable, waste down to zero?
- Make a poster to tell others about recycling. You could share them with us or ask your teacher to.
- Have a go at upcycling, creating useful items out of someone else's rubbish. See our activity sheet [Everything is Useful](https://www.aretecentre.co.uk/wp-content/uploads/2020/06/everything-is-useful-compressed.pdf)
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- As an addition could you change an item you buy from the supermarket to have better packaging eg plastic that can be recycled, vegetables that aren't pre-wrapped. Share with your classmates to show them what they can do.

Environmental Awareness

Take responsibility for their actions.

Can you:

Reduce and reuse to minimise waste and then recycle things that you don't need any more?

