

# There's No Such Thing As Bad Weather

## At Arete:

The weather plays an important part of everyday life at Arete. The activities we chose for the day and the clothes we wear are impacted by the weather. Due to the diverse landscape it can be sunny on the coast while wintery on the mountain tops.

During the residential, groups of pupils are asked daily to present the weather to help us make informed choices.

## Weather Forecasts:

Before heading into the outdoors there are 3 key points to understand:

- **Rainfall.** When is it raining and how heavy? More than 3mm per hour would be heavy.
- **Wind.** Strength and direction? 30 mph would feel breezy, above 40 mph would start to move you around.
- **Temperature.** T-shirts above 17 celsius or extra warm tops below 10 celsius?

## Pre Course Ideas:

The keys points to understand are Rain, Wind Strength & Direction

- Watch the weather forecast for your area on TV, the [BBC youtube channel](#) or use the [Met Office website](#) Present the forecast you have found to friends or parents for the upcoming day.
- Record the weather and describe how it affects you. Did it change the activities that you did? Compare it to the forecast, was it accurate?
- Alfred Wainwright is a famous walker and writer. What do you think he means by his famous quote 'there is no such thing as bad weather just unsuitable clothing'?

## Environmental Awareness

*Experience a range of different environments in different conditions.*

### Can you:

Identify the impact of the weather on a days activity.

### Additional information:

Some links to useful websites!

[The Met Office](#)

[BBC channel](#)

[DK - Weather](#)

